

Left to Their Own Devices?

1. Copy for newsletters and email

Children today are facing a whole new level of complexity as they grow up in a turbulent digital world.

Bullying, screen time, lessening attention span, the rise of AI and VR ... these parenting challenges can be overwhelming, but they are issues we have the power to tackle.

Left to Their Own Devices? is a brand-new event from Care for the Family that will equip parents and carers with practical skills and knowledge so you can stay ahead of the curve and help your children navigate the online world safely and to their advantage.

Find out more and book your tickets: cff.org.uk/owndevices

2. Copy for social media – Facebook and Instagram

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The event will explore ...

- What our children might be exposed to online, who they might be speaking to and how they behave
- How the digital world impacts brain development
- Practical ways to keep your family safe online
- Ways to keep up with a fast-changing industry
- The impact social media is having on mental health
- How we as parents can be role models

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3. Copy for social media – X

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